# Coronavirus: Everything You Need to Know

## Information about Coronavirus

A virus is a type of illness. It can spread from person-to-person.

Coronavirus is a new virus.

Because people travel for work, to see friends and to go on holidays, it is now in lots of countries.

There is a small number of people in Canada who have this virus.

Most people who have the Coronavirus usually get better on their own.

## What to look out for?

People who are sick with the Coronavirus may:

- have a cough
- have a high temperature
- find it harder to breathe normally
- have sore muscles

## How to stay safe?

- Wash your hands regularly.
- Do not touch your face.

## What to do?

If you have these symptoms, you must:

- Tell your family and support workers very quickly.
- Call Toronto Public Health at (416) 338-7600.
  The person you speak to will tell you what you need to do next.
  They may tell you to stay at home and not be near other people for a number of days. This is called self-isolation.

To learn more about our preventative measures, contact us at [Healthline@surreyplace.ca](mailto:healthline@surreyplace.ca)