

Bridge CRPD - SDGs Uganda

Rose Achayo Obol

“One thing I have learnt with my fellow participants is that, if you appreciate a person despite the disability, then you will be able to understand this person in depth.”

Rose is the Chair Person of the **National Union of Women with Disabilities of Uganda (NUWODU).**



Acquiring her disability in her youth, a lower limb impairment which she gained after being shot in her leg whilst working as a cashier, Rose did not believe that she was a person with a disability. Only through working with the National Union of Persons with Disabilities (NUDIPU) did Rose begin her journey on the rights of persons with disability:

“my biggest challenge has been the way people look at me. They look at me as a woman with a disability, but they do not look at me as a woman who can deliver, as a woman who has the brain to do all these other things that the other women can do.”

Rose’s impairment has therefore had a large influence on her life, yet she has not let it hold her back and continues to advocate for women with disabilities.

Reflecting on the Bridge CRPD-SDGs Training in Uganda, Rose emphasised the importance of the training approach as it encouraged the appreciation of each other despite individual disabilities, which created an inclusive and participatory environment where all participants could be understood and deliver their potential. It also gave everyone an opportunity to consider what they want to achieve, whilst gaining an understanding of policies, budgets, how to deliver a message clearly, and how governments function and can be inclusive.

Rose now hopes to ensure the sustainability of the Bridge CRPD-SDGs training by sharing the knowledge that she has gained throughout the sessions with other people with disabilities, educating others that despite the societal barriers and level of education, they too can advocate for their rights. She also hopes that government ministers will begin to look at people with disabilities seen their full potential. For this to be achieved, Rose believes that all barriers must be removed, creating inclusion and enabling individuals to demonstrate their capabilities.

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